

Healthy Community

Questions to discuss or think about

1. Describe how you deal with people – are you an introvert or an extrovert? Do you consider yourself a private or public person?

While the principles of community and relationship are true all the time, they seem to take on an additional importance during periods of crisis.

2. Think back to a past crisis in your life (or of someone you know well). How did you relate to people in the midst of that crisis?
3. Read Genesis 2:18. What does God say about aloneness? Why do you believe that is true?
4. Read Ecclesiastes 4:9-12. List the benefits this writer makes of having others to share life with?
5. How are these especially important when you are going through a crisis?
6. Read Acts 2:42-47. How did the people in the early church live, according to these verses?
7. Are these descriptions of how we should be in community always or only while in crisis? Explain.
8. What makes it difficult to be transparent with others in the midst of a personal crisis?
9. How can you connect with others today?
If you are in a crisis, who can you connect with that will help spur you on?
If you are not in crisis, who can you reach out to that could use your help?